

GAINZ **Sports Performance**

GROUP PERFORMANCE TRAINING PRICING SHEET

- **DAY RATE**

- 5-9 ATHLETES \$30/
- 10-19 ATHLETES \$25/
- 20-29 ATHLETES \$22.5/
- 30-39 ATHLETES \$20/
- 40-49 ATHLETES \$17.5/
- 50-59 ATHLETES \$15/
- 60-69 ATHLETES \$14/
- 70-79 ATHLETES \$13/
- 80-89 ATHLETES \$12/
- 90+ ATHLETES \$11/

- **12 SCHEDULED SESSIONS IN 3-4 WEEKS**

- 5-9 ATHLETES \$25/
- 10-19 ATHLETES \$23/
- 20-29 ATHLETES \$21/
- 30-39 ATHLETES \$19/
- 40-49 ATHLETES \$17/
- 50-59 ATHLETES \$15/
- 60-69 ATHLETES \$13/
- 70-79 ATHLETES \$12/
- 80-89 ATHLETES \$11/
- 90+ ATHLETES \$10/

- **24 SCHEDULED SESSIONS IN 6-8 WEEKS**

- 5-9 ATHLETES \$21/
- 10-19 ATHLETES \$19/
- 20-29 ATHLETES \$17/
- 30-39 ATHLETES \$16/
- 40-49 ATHLETES \$15/
- 50-59 ATHLETES \$14/
- 60-69 ATHLETES \$13/
- 70-79 ATHLETES \$12/
- 80-89 ATHLETES \$11/
- 90+ ATHLETES 9.5/

- **36 SCHEDULED SESSIONS IN 9-12 WEEKS**

- 5-9 ATHLETES \$ 19/
- 10-19 ATHLETES \$ 17/
- 20-29 ATHLETES \$16/
- 30-39 ATHLETES \$15/
- 40-49 ATHLETES \$14/
- 50-59 ATHLETES \$13/
- 60-69 ATHLETES \$12/
- 70-79 ATHLETES \$11/
- 80-89 ATHLETES \$10/
- 90+ ATHLETES \$9/

NOTE: THE PRICING IS BASED ON PER ATHLETE PER 60-90 MINUTE SESSION
~ YOU PAY FOR 60 MINUTES AND GET UP TO 90 MINUTES OF TRAINING ~
(BIGGER GROUPS ARE SUBJECT TO MORE TIME)

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